



PHP Care Complete FIDA-IDD Plan (Medicare-Medicaid Plan) **2018 Medication Therapy Management Program (MTMP)**

PHP Care Complete FIDA-IDD Plan (Medicare-Medicaid Plan) wants to make sure its participants are getting the most out of the prescription drugs they use. The Medication Therapy Management Program (MTMP) is designed and managed by licensed pharmacists at Perform Rx who work with PHP Care Complete FIDA-IDD Plan to improve the way prescription drugs are used by their participants. The MTMP is available to eligible participants at no cost. The MTMP is not considered a benefit.

What is the Medication Therapy Management Program (MTMP)?

The Medication Therapy Management Program (MTMP) is an in-depth one-on-one review of all of a participant's medications (prescriptions, supplements and over-the-counter drugs). The goal is to help the participant get the most from all of his / her medications.

What does the MTMP Pharmacist do?

The MTMP Pharmacist will review the eligible participant's health status and treatment plan. This is done so that the pharmacist can help make sure that:

- The participant is taking only the medication that is needed and that these medications are working.
 - The participant is informed of any potential side effects and how to better manage these side effects.
 - The participant is taking the correct amount of medicine at the right time.
 - The medications are not interacting with each other.
 - The prescriptions, over-the-counter drugs and other medications are safe and effective.
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If you have questions, please call PHP Care Complete FIDA-IDD Plan at 1-855-747-5483, 8 AM to 8 PM, seven days a week. The call is free. **For more information**, visit www.phpcares.org.



Who determines if a participant is eligible and what are the eligibility requirements?

PHP Care Complete FIDA-IDD Plan and Perform Rx will determine if a participant is eligible for the MTMP. Eligible Participants will receive an informational packet by mail. The requirements for eligibility in the MTMP are that a participant must:

have at least 3 of the following specific chronic diseases

- Bone Disease – Arthritis – Osteoporosis – Rheumatoid Arthritis
- Chronic Heart Failure
- Diabetes
- Dyslipidemia
- End -Stage Renal Disease (ESRD)
- Hypertension
- Mental Health - Chronic / Disabling Mental Health Conditions
- Respiratory Disease - Asthma
- Respiratory Disease - Chronic Obstructive Pulmonary Disease (COPD)

AND

be on at least 5 chronic maintenance medications such as

ACE – Inhibitors	Diuretics
Angiotensin II Receptor Blockers (ARBs)	Inhaled Corticosteroids
Antidepressants	Insulins
Antihyperlipidemics	Oral Hypoglycemics
Antihypertensives	Selective Serotonin Reuptake Inhibitors (SSRIs)
Antipsychotics	Colony Stimulating Factors
Beta Blockers	Glucocorticosteroids
Bisphosphonates	NSAIDS
Bronchodilators	Phosphate Binders
Calcium Channel Blockers	Vitamin D Analogs
Disease – Modifying Anti – Rheumatic Drugs (DMARDs)	Calcimimetic
Glucagon-Like Peptide-1 Receptor	Cardiac Glycoside
Neprilysin Inhibitor	

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